

DAILY PIVOT TABLE (COMMODITIES)

Thursday
16th July, 2026

Stock	CMP	Support	Resistance	21 DMA	200 DMA	Intraday	Short Term	Long Term
ALUMINIUM 1	338	328	349	343	321	DOWN	UP	DOWN
COPPER 1	1294	1268	1319	1288	1192	DOWN	UP	DOWN
CRUDEOIL 1	7617	7465	7769	6924	6879	UP	UP	UP
GOLD 1	141900	139062	144738	146544	143627	DOWN	DOWN	DOWN
LEAD 1	201	195	207	201	191	DOWN	DOWN	DOWN
NATURALGAS 1	283	275	292	304	316	DOWN	DOWN	UP
NICKEL	1587	1556	1619	1634	1950	DOWN	DOWN	DOWN
SILVER 1	220750	216335	225165	231519	228631	DOWN	DOWN	DOWN
STEEL 1	43720	42846	44594	42125	44492	UP	UP	UP
ZINC 1	376	365	388	366	328	UP	UP	UP
COTWASOIL 1	1300	1274	1326	1290	3108	UP	UP	DOWN
CASTOR 1	7210	7066	7354	6940	6617	UP	UP	UP
DHANIYA 1	15430	15121	15739	14804	11156	UP	DOWN	UP
GUARGUM5 1	12185	11941	12429	11443	10111	UP	UP	UP
GUARSEED10 1	6255	6130	6380	5998	5415	UP	UP	UP
JEERAUNJHA 1	20535	20124	20946	20350	21044	UP	DOWN	UP
MENTHAOIL 1	1328	1301	1354	1095	978	UP	UP	UP
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